

Physical Education  
COMPONENT 2: Health and Performance

Diagram Booklet

In the boxes below, write your name, centre number and candidate number.

Surname					
Other names					
Centre Number					
Candidate Number					

## INSTRUCTIONS

There may be spare copies of some diagrams in case you need them.

**THIS DIAGRAM BOOKLET MUST BE RETURNED WITH THE QUESTION PAPER AT THE END OF THE EXAMINATION.**

## **Contents**

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## Questions 1(e) and 1(f)

FIGURE 1

## Key



Second yellow card



Professional foul

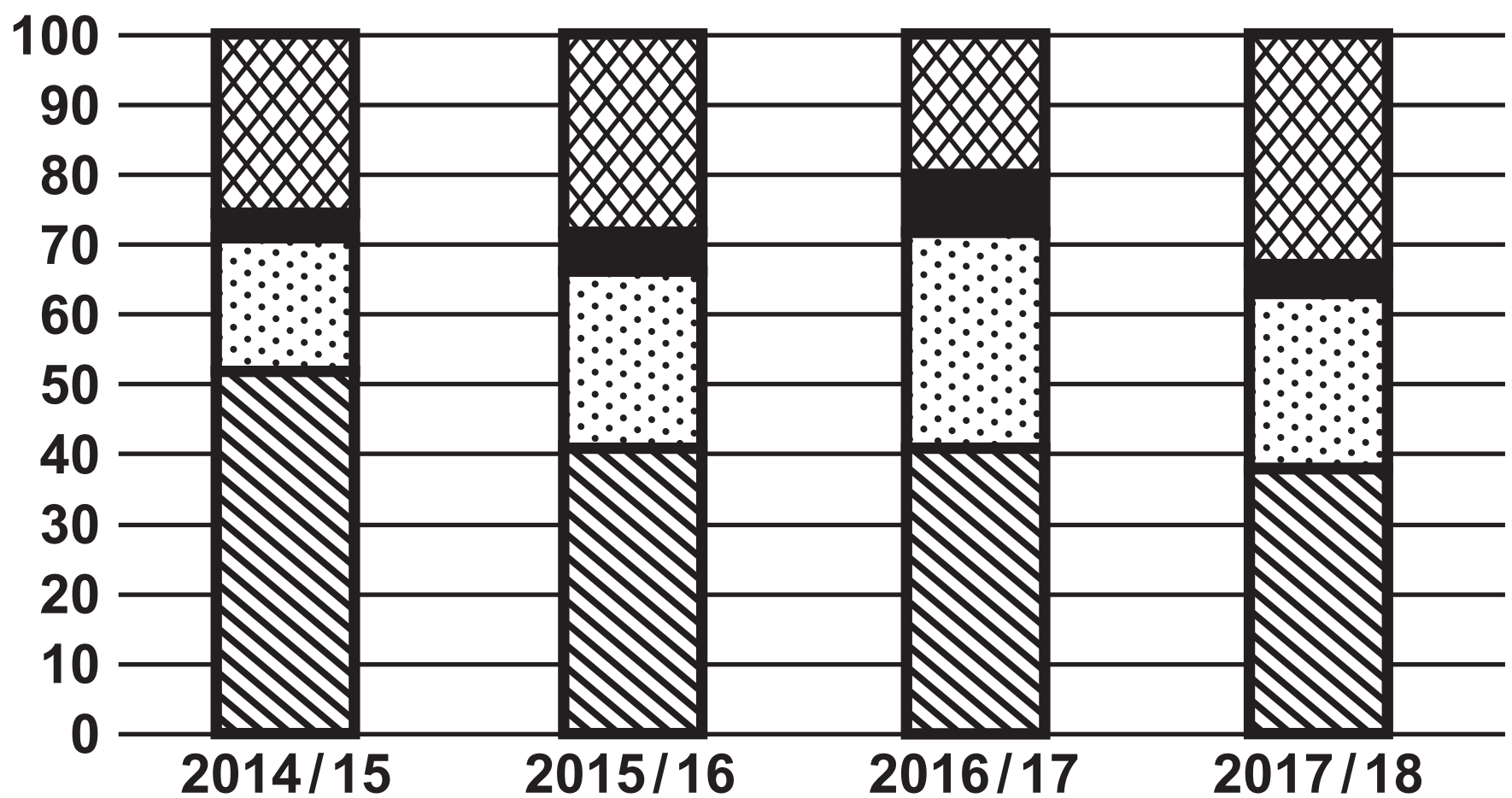


Handled ball



Violent conduct

## Percentage



Season

## Question 2(a)

TABLE 1

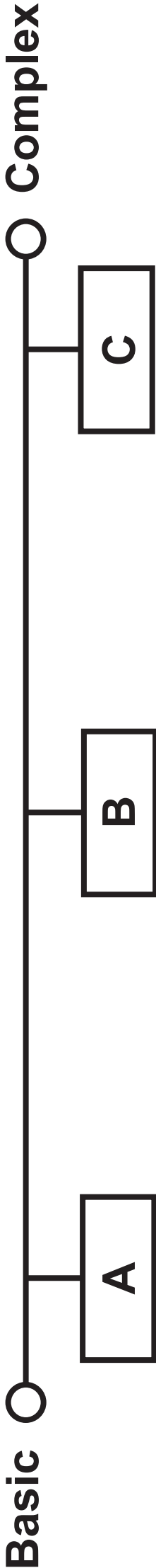
Benefit	(a) TYPE of health benefit
(i) Improved co-operation	<hr/> <hr/> (1 mark)
(ii) Lowered resting heart rate	<hr/> <hr/> (1 mark)
(iii) Reduced stress	<hr/> <hr/> (1 mark)

## Question 2(a)

TABLE 1

Benefit	(a) TYPE of health benefit
(i) Improved co-operation	<hr/> <hr/> (1 mark)
(ii) Lowered resting heart rate	<hr/> <hr/> (1 mark)
(iii) Reduced stress	<hr/> <hr/> (1 mark)

FIGURE 3



## Question 11

TABLE 2

<b>1st serve percentage</b>	<b>80%</b>
<b>Aces (service winner)</b>	<b>11</b>
<b>Double service faults</b>	<b>14</b>
<b>Win percentage on 1st serve</b>	<b>73%</b>
<b>Win percentage on 2nd serve</b>	<b>20%</b>
<b>Forehand winners</b>	<b>3</b>
<b>Forehand unforced errors</b>	<b>12</b>
<b>Backhand winners</b>	<b>13</b>



**Question 16****FIGURE 6**

## **SOURCES**

**Questions 1(e) and 1(f)**

**(Source: © Sky Sports, 2017/ <https://www.skysports.com/football/news/11096/11074552/premier-league-red-cards-are-dismissals-on-the-rise>)**

**Question 16**

**(Source: © Wagner Carmo/Shutterstock)**